

## Be a part of it.

CVNL's programs, services, and events are all dedicated to one thing: lifting local leaders and organizations, big and small. These individuals champion, protect, and advance our community — and when they have a helping hand to take their leadership to the next level, we all thrive.

### NONPROFITS, SCHOOLS & GROUPS

Earn thousands of dollars for your organization. Come find out how easily the Bay Area Human Race can help you.

### BUSINESSES

Find out how you can support Marin and Napa nonprofits, schools and community groups by sponsoring and participating.

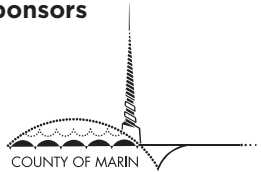
### EXHIBIT BOOTHS

Available for both nonprofits, schools, community groups and businesses in the Community Village.

Contact: Molly Schmidt, Community Engagement Coordinator at [humanrace@cvnl.org](mailto:humanrace@cvnl.org) or 415.448.0334.

## We appreciate your support!\*

### Champion Sponsors



Marin Independent Journal  
digitalfirst | marinij.com

### Sprinter Sponsors

Bradley Real Estate  
Good Earth Natural Foods  
Kaiser Permanente  
Marin Roto-Rooter  
Milagro Foundation

### Relay Sponsors

Marin ACE  
Redwood Credit Union

### Friends, Team Members & In-Kind Donors

Clover Stornetta  
Ghilotti Brothers  
Jubilee Jumps  
Las Gallinas Lions Club  
Marin Photography Club  
Marin Sanitary  
Noah's Bagels  
Red Whale Coffee  
Revolution Foods  
Unicorn Group  
US Pure Water  
World Centric

\*as of 4/1/16



Photo © Jon d'Alessio



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## Race Day

**Saturday, May 7, 2016**

Marin Center Fairgrounds  
and Lagoon Park

10 Avenue of the Flags,  
San Rafael, CA 94903

**7:00 a.m. – 11:00 a.m.**  
(rain or shine!)

**7:00 a.m.** Registration,  
Will Call and Community  
Village Open

**8:30 a.m.** 5K Race Starts

**9:00 a.m.** Kids Races Start

**9:30 a.m.** Awards  
Ceremony (Main Stage)

**11:00 a.m.** Closing —  
see you next year!

### Course Description

- 5K timed course around the Marin Center Fairgrounds and Lagoon
- All levels and ages welcome
- Wheelchair accessible; part of the race course is dirt
- Well behaved dogs on leashes are allowed but must be registered as a dog walker
- Strollers are allowed
- Sorry, no bicycles, scooters or skates

## Community Village

Nonprofits, schools and businesses host family friendly activities and booths at the Community Village on race day. This unique gathering is the perfect way to connect with volunteer opportunities and further your dedication to creating a healthier, happy community.

### Questions? Comments?

Email the Bay Area Human Race at [humanrace@cvnl.org](mailto:humanrace@cvnl.org) or visit our websites at [cvnl.org/bayareahumanrace](http://cvnl.org/bayareahumanrace).

Attn: Bay Area Human Race  
65 Mitchell Blvd., Suite 101  
San Rafael, CA 94903  
**415.479.5710**

## Bonus Prizes

Prizes for your nonprofit, school or community group will be awarded 5/27/16.

- **Cash prizes** will be awarded to the top three fundraising organizations

For complete rules and regulations or prize eligibility contact CVNL. Must be present to win.



Photo © Eric Lundburg



Center for Volunteer & Nonprofit Leadership  
CHANGE STARTS HERE

**CVNL.ORG**



# BAY AREA HUMAN RACE™

Participate in the  
**Bay Area Human Race**  
**Saturday, May 7, 2016**  
**Marin Center Fairgrounds  
and Lagoon Park**

Be a community champion.  
Support your favorite nonprofit,  
school, or community group.



Photo © Dianne Arrigoni

**5K Run • Walk • Dog Walk**  
**Community Village • Music**  
**Food • Kids Races**

**Ready. Set. Go.**



**Step 1: Register for the Race.** Run/walk/dogwalk. Visit [cvnl.org/bayareahumanrace](http://cvnl.org/bayareahumanrace) for a list of nonprofits, schools and community groups you can support.

**Step 2: Collect Donations.** Ask your friends, family, neighbors and co-workers to sponsor you. **Turn your donations and form into your organization's team leader or the Bay Area Human Race before May 13<sup>th</sup>.**

**Step 3: Walk or run — lots of fun.** It's not just a 5K timed race, but an exciting community experience. Help benefit hundreds of nonprofits, schools and community groups in Marin & Napa and grow a stronger connection to your community.

**Support  
your favorite  
nonprofit, school  
or community  
group!**

**Run, walk, dog walk, and donate.**

When you and/or your supporters donate, 85%\* of contributions go directly to the team you choose.

\*Sponsorships, registration, entry fees and the other 15% covers the cost of producing the race.

## Bay Area Human Race Donation Form

Be a part of the largest collaborative fundraising event — the CVNL Bay Area Human Race. Choose your favorite local nonprofit, school or community group. It's easy to participate.

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Benefiting nonprofit, school or community group:**

\_\_\_\_\_

My Employer will be matching these funds. Yes  No

Employer Name: \_\_\_\_\_

Employer Address: \_\_\_\_\_

**Make checks payable to Bay Area Human Race. No cash please.**

DONOR NAME	ADDRESS	PHONE	DONATION \$
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
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17. _____	_____	_____	_____
18. _____	_____	_____	_____
19. _____	_____	_____	_____
20. _____	_____	_____	_____

## Bay Area Human Race Entry Form

Please complete this form and sign the waiver. Keep a copy for your records. **Return this form and donations to your Bay Area Human Race team leader for the nonprofit, school or community group you are supporting, or mail the race entry to CVNL, Attn: Bay Area Human Race, 65 Mitchell Blvd., Suite 101, San Rafael, 94903.**

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Sex: M  F

Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ if blank, you will not be eligible for prizes

Preferred t-shirt size: Adult: S  M  L  XL  XXL

Child: S  M  L

**Benefiting nonprofit, school, or community group:**

\_\_\_\_\_

- Entry fee:**  Adult 5K timed, **\$30** until April 21 / **\$40** until May 2 / **\$50**  
 Child 12 & under, 5K timed **\$20**  
 Kids Races only, 12 & under **\$10**  
 Wheelchair participant **\$30** until April 21 / **\$40**  
 Dog walker **\$40** until April 21 / **\$50**  
 Personal assistant for person with disabilities (no fee)  
 (assistant must have team leader approval)

**Release and waiver.** The following must be signed to enter the race. If you are under 18, your parent or legal guardian must sign for you. In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever any and all claims for damages I may accrue against the Human Race event, Center for Volunteer & Nonprofit Leadership, (CVNL), Marin Center, and any and all organizations, sponsors, and/or individuals connected with this event, their representatives, successors, and assigns for any injuries suffered by me in connection with this event including pre and post race activities. I certify that I have sufficiently trained for participation in this event and have not been advised otherwise by a qualified medical person. I agree to comply with all race rules and instructions of race officials. I agree to allow my photo to be used for any legitimate purpose by the event holders and/or assigns. Parent/Guardian Waiver for minors (under age 18): The undersigned parent, natural guardian or legal guardian does hereby represent that he/she is, in fact, authorized to act on behalf of and is action in such capacity and agrees to save and hold harmless and indemnify each and all parties referred to above from liability, loss, claim and damages.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

BIB# \_\_\_\_\_ (official use)